

Care of the Skin after Liquid Nitrogen

Your doctor has sprayed an area on your skin with liquid nitrogen. The area may have a burning sensation after spraying, but this usually ends after 10 to 15 minutes. Over the next few days you may notice some redness, swelling, tenderness, or even blistering. All of these symptoms are normal. In order to prevent infection and promote wound healing, please follow these steps:

- The treated area requires little or no care.
- You may shower, bathe, and wash your face and hair as you normally would.
- A Band-Aid may be used during the day to cover the area if it is irritated by your clothing. Remove the Band-Aid at night.
- If you wish, you can apply an antibiotic ointment, such as Polysporin or generic brand. This can be purchased without prescription at any pharmacy.

It is very important not to pick or scratch the area, even if it has a scab. The area will eventually dry up and fall off when it is ready.



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